

ACTIVITIES & TIPS

THERE IS A SOLUTION GROUP OF ALCOHOLICS ANONYMOUS CORDUFF DUBLIN 15

An AA group, as such, cannot take on all the personal problems of its members, let alone those of non-alcoholics in the world around us. The AA group is not, for example, a mediator of domestic relations, nor does it furnish personal financial aid to any one..... Should an AA Group attempt this sort of help, its effectiveness and energies would be hopelessly dissipated. This is why sobriety, freedom from alcoholism, through the teaching and practice of AA's Twelve Steps, is the sole purpose of an AA Group. If we don't stick to this cardinal principle we shall almost surely collapse. And if we collapse we cannot help anyone.

We can be contacted by Phone at 085 8141164
By e-mail at tiasgcduff@gmail.com or
Our Website www.thereisasolution.group

D15 CDT
 Dublin 15
 Community Drugs Team

If you are having problems with drugs or alcohol.

Call us on :- 01 821 6601

Follow us on Instagram: @d15cdt
 Facebook: Dublin 15 Community Drugs Team
 Twitter: @D15CDT

Contact us on:
corduffcra@gmail.com



Newsletter

TERM - AUTUMN 2023 ISSUE 9



Welcome

A very warm welcome to the latest edition of your Corduff Community Resource Centre Newsletter.

With so much great feedback from the Community and Centre users on our last newsletter, we are excited to keep you updated on all the exciting activities, classes and groups happening at the Centre. In this edition, we will let you know what we have been up to throughout the Summer and what is planned for the Autumn ahead. Everyone is welcome to Corduff Community Resource Centre.

We have seen a lot of new faces lately, with so many different groups coming into the Centre. The staff have also been hard at work with the ladies serving out some lovely treats and hot drinks and the lads working hard on getting the community Garden together, it is beautiful. Teamwork and our Community is what's helping to keep the Community Centre Sprit.

We continuously strive towards improving our services to ensure that we provide the best possible facility worthy of those who use it. As we have an open-door policy, we are open to new members from the community.

To contact us, please email or call using the details at the bottom of the page. Alternatively, scan the QR code below to go directly to our website contact page



*The Newsletter Team -
 Corduff Community Resource Centre*

Contact us on:
corduffcra@gmail.com

CORDUFF WELCOME ROOM

Corduff Community Resource Centre
 would like to invite everyone to our new
Welcome Room

~ The Welcome Room is for both adults and children ~
 ~ Pop in for a warm welcome, a cuppa, charge your devices, read a book and just relax in the space ~
 No booking's needed, just drop in.

Opening Hours
 Monday, Tuesday, Friday 9am - 8pm
 Wednesday 9am - 1pm & 4pm - 8pm
 Thursday 9am - 7pm / Saturday 2pm - 4pm / Sunday 10am - 2pm

Our Welcome Room is now open to everyone in the Community until the end of the year. This a room for all, with things to do and games to play for parents and children, space for teenagers to study or just relax, and for all ages to just have a peaceful space where they can read, play games or watch the TV.

There is no need to book just come along and enjoy the space

FANCY A CUPPA? IN OUR COMMUNITY CAFE

We have seen a lot of new faces coming in for some hot drinks & light snack's. The laughs & chats are deadly. We have met some new friends
Come along join the buzz!!!

Amanda & Tracey are sure to look after you :)

Community Café NOW OPEN

Fancy a Cuppa?
 great coffee & tea on sale inside !!!



FINGAL COUNTY COUNCIL'S, COMMUNITY DEVELOPMENT OFFICE

Central to the work of the Community Development Office is the development of strong, self-reliant and sustainable communities. Our role is to support local people through community and voluntary groups to deliver projects and initiatives in their communities. We can help groups in a number of ways, including training, information & advice, group development and funding toward community activities.

Funding:

The Community Development Office provides support to community groups across Fingal County. Groups such as residents' groups, Tidy Towns groups, environmental groups and other interest groups. These groups benefit their communities by encouraging integration, inclusion and add to the sense of community which is felt by those living in the

area. Your community development officer will be happy to meet with groups to discuss funding options and other supports available through the community development office. For more information on funding available to community groups please visit <https://www.fingal.ie/council/service/community-grants-and-funding>

Follow us on Social Media:

Fingal Community Development Office welcome community members and groups to follow us via Social Media to keep up to date on the work that our office do across the county.



Fingal Community Dev



Fingal Community Development Office



In line with Fingal County Council Keen to be Green initiative, this Newsletter is printed on Recyclable Paper.
 Certificate No.CBP017436

WITH FUNDING FROM
**Comhairle Contae
 Fhine Gall**
 Fingal County Council



WITH FUNDING FROM
**Comhairle Contae
 Fhine Gall**
 Fingal County Council



Turn to next page for more news :)

COMMUNITY GARDEN

Our Community Garden has really taken shape over the Summer months with the whole Community coming together to create a colourful space for all. A special thanks for all who have helped us to create a magnificent area at the front of the centre, especially our own staff members who have worked tirelessly each day and Foroige who helped paint and bring colour to the beds in the Garden.

We have also purchased some beautiful garden Furniture from Mulhuddart Men's Shed. One of our favourite pieces the lads made is our Wheelchair Accessible Picnic tables. Thanks lads



LOCAL NEWS

The Community Development Office is partnering with Corduff Resource Centre and Corduff Sport Centre to invite Santa to the Corduff Community this December. Together we are working to arrange a visit from the man himself and maybe a few of his helpers on Saturday 2nd December.

Follow both Centre's social media pages for updates as we have them

The Community Office was delighted to have supported the applications of Anti-Litter Anti-Graffiti funding for Corduff Resource Centre and Clean Up Corduff to the Fingal County Council Environment Department. Both applications for enhancement projects in the area were successful.

OUR NEWS

WHATS BEEN HAPPENING

SUMMER CAMP 2023

In early August we hosted our Centre Summer Camp for 2023. We had over 20 children attend throughout the week where they enjoyed activities including various Sports, Arts, Craft making and they left with smiles on their faces each day.

A special word for all the children who showed respect, sportsmanship, creativity and great behavior throughout the week.



RAISING AWARENESS FOR THE LGBTQ COMMUNITY

We had a lovely visit to our Community Centre from Valerie from Fingal County Council who gave us some lovely gifts that we have on display around the Centre



WITH FUNDING FROM
Comhairle Contae
Fhine Gall
Fingal County
Council



Corduff Community Resource Centre are proud to part of the Fingal County Council Keen to be Green Team



Fill your water here we have a Refill Station



WHAT IS A COMMUNITY CENTRE

The Collins dictionary tell us a community centre is a place that is specially provided for the people, groups, and organizations in a particular area, where they can go in order to meet one another and do things.

What you won't find in any dictionary is what impact community centres have on their local community. In this section of our newsletter, we want to show how Corduff Community Resource Centre Community Employment scheme has helped people in the local area from different demographics and backgrounds enhance their social and professional lives and contributed to their physical and mental wellbeing and helped gained experience to further their careers.

Participant Number 1

Working on CE has allowed me to improve my people skills as well as my confidence.

Feeling part of a team has given me a real sense of pride over the previous years.

I have been able to carry these experiences forward into my new position as a Community Garden Manager, as I deal with people from of all ages and cultural backgrounds on a daily basis.

Receiving training in First Aid, Manual Handling, as well as Woodcraft, these has been extremely beneficial to me.



Participant Number 2

After 2 years on CE and gaining confidence in computer and it has equipped me with the knowledge to help work in the centre's office. It has got me out of the house and given me the purpose to get up each morning and meet people. My training has been to a Level 4 in Computer and Administration skills, working towards a Level 5.

Participant Number 3

When I started on CE I was looking to get experience using a forklift and cherry picker. During my time on CE I got valuable experience on how a Sports community centre operates. Because of this, I have been able to secure a job in a sports centre in the Dublin 15 area.

To enquire about the community employment scheme here in the Centre, contact us on 01-8202490

What's New?

LET'S PLAY TOGETHER

Welcome Room Games Afternoon



And many more games

Every Tuesday 2pm - 4pm
FREE tea or Coffee for all visitors
No need to book, just come along

Corduff Resource Centre
01-8179896
corduffcrrc@gmail.com

SOCIAL GROUPS FOR SENIORS

We at Corduff Community Resource Centre are always striving to host activities and classes for all ages. We like to focus a small bit on the older people in our community and give back to them to show our appreciation for what they have done for us and the community for many years and ensure they have activities in the Centre to meet their interests. We have added some new activities to the Centre that are all free with no need to book, just come along on the day.



WITH FUNDING FROM
Comhairle Contae
Fhine Gall
Fingal County
Council

